



STARTERS


- (V) CANARIAN CHEESE BOARD** 

Honey, Medjoul dates and nuts


12€ (1/2)

18€
- (V) "ALMOGROTE"** 

Cream cheese cured with mojo (typical Canarian sauce) and sweet bread spreads

10€
- (V) TRIO OF CREAMS** 


(humus, beetroot and red peppers with nuts) falafel, yogurt sauce and pita bread

15€
- (V) "MONTADITO"** 

Sweet potato, sweet tomatoes and melted goat cheese topped with palm honey

9€

SALADS

- FRESH SALMON TARTAR** 


Avocado, tomatoes, leek and wasabi ice cream

18€
- CRISPY CHICKEN SALAD** 

Chicken battered in almonds, with apple, nuts and yogur sauce

(V) Vegetarian option with falafel

12€ (1/2)

16€
- SHRIMPS WARM SALAD** 

Avocado, hazelnuts, smoked bacon dressing and roasted seeds

14€


18€
- POKE BOWL** 


Organic buckwheat, Km.0 vegetables, avocado, wakame and protein to choose (crunchy chicken, salmon tartar or shrimps)


(V) Vegetarian option withtofu, seitan or falafel


16€


PECKING

- CROQUETTES** 


Codfish 

Chicken and carrots 


Banana and blue cheese (V) 

Spinach, pumpkin, raisins and pinions 


6€ (4U.)

12€ (8U.)
- MEAT BAO BREAD** 

Pibil pork cheeks, raita sauce with jalapeño and pickled red onion

8€/UNIT
- KIBBEH TACO** 

Lebanese beef meatball with tabulé and yogurt sauce

6€/UNIT
- (V) PEAR RAVIOLIS** 

fried pear raviolis with 4 cheeses sauce, nuts and crispy onion

16€ (8 U.)

MAIN DISHES

LOW TEMPERATURE OCTUPUS

Lentils vinaigrette, mashed sweet potatoes and passion fruit sauce

18 €

ORGANIC COUSCOUS

Vegetables, chicken, raisins, curry and soya sauce

16 €

(V) Vegetarian option with tofu or seitan

SHRIMPS, SQUIDS AND HAKE WOK

Rice, vegetables in green curry and coconut milk sauce

21 €

(V) Vegetarian option with tofu

LOW TEMPERATURE CODFISH

Au gratin with soft mousseline of garlic, sweet potatoe, roasted almonds and crunchy onion

21 €

CHICKEN CURRY

Mango sauce and basmati rice with almonds, raisins and dried apricot

18 €

IBERIAN "SECRET"

Roasted pork meat with potatoes and Palm honey

24 €

BEEF ENTRECOTE

Sauteed sirloin beef with fresh mushrooms (shitake, portobello and boletus), teriyaki sauce and potatoes

20 €



IBERIAN PORK TENDERLOIN

4 cheeses sauce, guava and fries




19 €

KIDS MENU

10,50 €

CHICKEN BEASTS Fried or grilled, with rice or chips  

FISH AND CHIPS   

CROQUETTES Chicken and carrots or codfish, with fries or rice   

- **Bread and welcome snack: 1,80€ per person.**
- **Gluten free bread and welcome snack: 2,80€ per person**
- **All our dishes may contain traces of indicated allergens**
- **Please, if you have any allergy inform to our staff**
- **Taxes included**
- **(V) Vegetarian *ask for vegan options**